

*The
Beloved
Spa*



THE BELOVED SPA TREATMENT MENU

Love surrounds you making the world feel light years away.

The Beloved Spa, a sanctuary dedicated to healing mind, body, and spirit. We believe that love is the most magnetic power in the universe, in combination with the elements of fire, water, earth and wind we have created unique journeys to transform the BEING and connect with this universal vibration. The herbs, plants, essential oils, skilled healing hands and knowledge of ancient wisdom are present to guide self-awareness back to natural order and body to maintain balance.

That is the approach of The Beloved Spa, a love fullness destination that will give you the one happiness in this life: to love and be loved.



COUPLE'S EXPERIENCES

SOOTHING SOULS RITUAL 100 min

Nurture the sacred bond between soulmates with a ritual that promotes deep healing and balance. Begin with a soothing massage, where therapeutic oils and slow, rhythmic strokes release tension and restore vitality. Follow with a sublime, nourishing facial, designed to hydrate and revitalize, leaving your skin with a soft, radiant glow. This experience will leave you both feeling renewed, both physically and spiritually. Conclude with a glass of sparkling wine and chocolate-covered strawberries, celebrating your shared tranquility.

\$ 640 USD per couple

MIMOSA BLISS COUPLES RITUAL 100 min

Escape together into a journey of sensory bliss and surrender to the enveloping warmth of an orange, mimosa, and almond cocoon, beginning with a gentle body scrub that leaves your skin irresistibly smooth. A luxurious warm body wrap, infused with essential oils, thermal waters, and wild sorbus stem cells, deeply renews and revitalizes your skin. Conclude this blissful journey with a sublime and deeply relaxing massage. Celebrate your shared tranquility with sparkling wine, a perfect ending to your romantic escape.

\$ 640 USD per couple

THE BELOVED ONES MASSAGES 75 min*

Indulge in a shared experience of therapeutic luxury, this signature massage combines a masterful blend of techniques, including shiatsu, reflexology, stretching, massage, warm herbal poultices, and aromatherapy, meticulously crafted for perfect tension release. Experience profound relaxation and shared well-being as you journey together towards complete harmony. Enjoy sparkling wine and chocolate-covered strawberries for the perfect finale.

\$550 USD per couple

DEEP STONE REMEDY COUPLES MASSAGE 75 min*

Experience the ultimate rejuvenation with our anti-fatigue oil blend, infused with invigorating notes of bergamot, orange, lemon, tangerine, almond, and jojoba. This therapeutic treatment combines deep tissue massage techniques to target muscle tension and promote relaxation, while the soothing warmth of hot stones deeply penetrates the body, enhancing the calming effects. A complete sensory journey is designed to restore balance, alleviate stress, and renew both body and mind. Enjoy sparkling wine with chocolate-covered strawberries.

\$550 USD per couple



DIVINESSENCE COUPLES MASSAGE 75 min*

An experience to release muscles, free your mind and grow inner consciousness, a journey through divine aromatherapy of myrrh and frankincense to soothe skin, clean mind, and rosemary, basil, and chamomile warm pinda-poultice to reduce inflammation, to heal pain in muscles and joints, to bring warmth to your soul, while your expert masseuse reads your body and heals tension where is needed utilizing all their wisdom.

\$550 USD per couple

LUXURY COUPLES PEDICURE 50 min

Share a moment of pure pampering with our couples' foot treatment. Mineral salt bath, exfoliation, soothing massage, and warm silk paraffin create a haven of relaxation. Sweet delights and champagne elevate your pedicure to an exquisite indulgence.

\$180USD per couple

*Enhance these experiences with our couple's bathtub, perfect for unwinding and reconnecting, for \$180USD per couple



RITUALS

THERAPEUTIC DESTRESS RITUAL 100 min

This experience begins with a soothing circulatory balm applied to your back, followed by targeted pressure point therapy with warm compresses. Experience a deeply relaxing full-body and scalp massage, a refreshing peppermint foot mask to invigorate tired feet. The ritual culminates in an extended, deeply therapeutic massage of the neck, face, and scalp, relieving accumulated stress and promoting total tranquility. Surrender to complete rest for body and mind.

\$ 320 USD per person

TOUCH OF HEAVEN RITUAL 100 min

A masterful blend of therapeutic techniques designed to restore your inner peace. Indulge in a deep tissue and Lomi Lomi back massage, followed by targeted reflexology for your hands and feet. Release tension with a liberating neck, shoulder, and scalp treatment. Finally, a Phyto CBD facial soothes, balances, and revitalizes, leaving you feeling utterly renewed. This comprehensive experience will transport your body, mind, skin, and soul to a state of sublime tranquility.

\$ 320 USD per person

GOLFER'S RECOVERY RITUAL 100 min

Rejuvenate after a day on the greens with our specialized Golfer's Recovery Ritual. This treatment begins with a rejuvenating detox black mud wrap followed by a soothing but profound full-body massage with anti-inflammatory CBD balm, targeting tension in the shoulders, lower back, and legs, followed by a cooling gel application to ease muscle soreness. A warm stone therapy focuses on areas strained by repetitive swings, while a hydrating hand and foot treatment restores vitality. Perfect for golfers seeking relaxation and recovery, leaving you refreshed and ready for your next round.

\$350 USD per person

THE FISHERMAN'S RENEWAL RITUAL 100 min

After a rewarding day on the water, restore balance to body and mind with this specially curated ritual. Begin with a full-body deep tissue massage focused on relieving tension in the shoulders, arms, and back—ideal for soothing post-casting strain. Continue with a refreshing aloe vera body wrap to replenish and hydrate sun-exposed skin. The experience concludes with an express revitalizing facial and a soothing scalp massage, leaving you renewed, refreshed, and ready for your next fishing adventure.

\$320 USD per person



AGUA VIVA JOURNEY 60 min

Water has always been revered by ancient cultures as the essence of life and healing. This transformative journey brings new meaning to Agua Viva—the place where life begins. Experience a guided circuit that awakens your senses through aqua exercises, soothing massages with jets and cascades, and the refreshing contrast of an ice pool, all balancing the warmth of the hammam.

Renew your skin with a body scrub and nourish it with a mud treatment while enjoying the hammam's heat. Rejuvenate in dry saunas, the ice room, biothermal showers, and sensation showers, surrounded by healing herbs. End with a relaxing scalp and neck massage using botanical oils, leaving you restored and in perfect harmony.

\$ 130 USD per person

MASSAGES

THE BELOVED SIGNATURE MASSAGE

Self-love is the seed of which you are the Beloved massage with healing and synergy techniques, such as body stretching, pressure points, relaxing and blended herbal oils for your deeper purpose, warm herbal pouches to take your mind to your quiet place coming out totally renewed.

75 min \$ 250 USD per person
50 min \$ 190 USD per person

DIVINESSENCE MASSAGE 75 min

An experience to release muscles, free your mind and grow inner consciousness, a journey through divine aromatherapy of myrrh and frankincense to soothe skin, clean mind, and rosemary, basil, and chamomile warm pinda-poultice to reduce inflammation, to heal pain in muscles and joints, to bring warmth to your soul, while your expert masseuse reads your body and heals tension where is needed utilizing all their wisdom.

\$ 250 USD per person

DEEP TISSUE MASSAGE

“This deep massage relieves muscle tension using a blend of bergamot, mandarin, and orange oils. Combined with an herbal pillow and stress-relieving balm, your therapist will target specific areas of concern, leaving you free of aches.

75 min \$ 240 USD per person
50 min \$ 180 USD per person

DEEP STONE REMEDY MASSAGE 75 min

Experience the ultimate rejuvenation with our anti-fatigue oil blend, infused with invigorating notes of bergamot, orange, lemon, tangerine, almond, and jojoba. This therapeutic treatment combines deep tissue massage techniques to target muscle tension and promote relaxation, while the soothing warmth of hot stones deeply penetrates the body, enhancing the calming effects. A complete sensory journey is designed to restore balance, alleviate stress, and renew both body and mind.

\$ 250 USD per person

SWEDISH RELAXING MASSAGE

Renew your well-being with this relaxing massage that balances light to medium pressure with the therapeutic benefits of essential oils. Lavender, bergamot, geranium, and petitgrain merge with the healing touch of our therapists, dissolving stress and restoring harmony to body and mind.

75 min \$ 240 USD per person
50 min \$ 180 USD per person

MATERNAL BLISS MASSAGE 75 min

Celebrate the beauty of your expectant journey with this prenatal massage, designed to provide a moment of pure bliss and well-being. Relaxing essential oils (lavender, geranium, and bergamot) create an environment of calm and comfort, easing tension and fostering a deep connection with your baby. Allow yourself to fully embrace this special gift of serenity.

\$ 240 USD per person

REFLEXO MASSAGE 50 min

This therapeutic technique applies targeted pressure to reflex points on the feet and hands, corresponding to major organs and systems throughout the body. By stimulating these points, we help alleviate various ailments, including back pain, headaches, and digestive issues. A foot scrub, reflexology massage and refreshing feet mask integrate this therapy, enhancing relaxation and promoting overall well-being. This comprehensive treatment harmonizes your body's systems and revitalizes your energy.

\$ 180 USD per person

INTENSE SUN RELIEF TREATMENT 50 min

This cooling and refreshing treatment are designed to soothe and rehydrate over-exposed skin. Experience the rejuvenating benefits of organic noni and aloe, known for their hydrating and regenerative effects. Your body will be gently wrapped, and you'll indulge in a mini facial that nourishes, calms, and deeply hydrates your skin, leaving you feeling refreshed and revitalized.

\$ 180 USD per person



FACIALS

VITAMIN C RADIANCE FACIAL 75 min

Give your skin the care it deserves with a rejuvenating boost of 100% pure Vitamin C. This powerful antioxidant serum helps repair sun-damaged skin while combating the early signs of aging. Enriched with a high concentration of Vitamin C, it works to enhance your skin's appearance, stimulates collagen production, and restore its natural firmness. Experience a revitalized, smoother, and more youthful complexion with every use.

\$ 250 USD per person

CRYOPLUMPING INTENSIVE FACIAL 75 min

Unlock a new level of skin vitality with our CryoPlumping Intensive Facial. This advanced 75-minute treatment utilizes cutting-edge cryo-sculpting technology, a potent 10D Hyaluronic serum, and a deeply hydrating CryoPlumping fiber mask. Combined with a precision Gua Sha lifting massage, this facial targets vital skin concerns. Witness immediate and lasting hydration, a visible reduction in wrinkles, and a beautifully sculpted, lifted appearance. Revel in a completely refreshed, plump, and supple complexion.

\$ 250 USD per person

TAILORED PRESCRIPTION FACIAL 50 min

A personalized skincare ritual designed to adapt to your skin's unique needs. Starting with a gentle still deep, cleansing, enzyme exfoliating, and toning that prepares your skin to receive carefully selected ampoule — collagen, multivitamins, or lifting — depending on your skin type. The experience ends with a soft and luxurious hydrating foam mask that leaves your skin revitalized, radiant, and balanced.

\$ 180 USD per person

THE BARBER'S TOUCH FACIAL 50 min

Indulge in the ultimate grooming experience with our exclusive Barber's Touch Facial. This unique treatment is designed specifically for men, incorporating traditional barbering techniques with modern skincare expertise. We begin with a gentle yet effective foaming enzymatic exfoliation to smooth and refine the skin's texture. Next, a soothing algae serum is applied to deeply hydrate and revitalize, leaving your skin feeling refreshed and invigorated. Finally, a luxurious hydrating foam mask is used to lock in moisture and promote a healthy, radiant complexion.

\$ 180 USD per person



Add ons for **SPA TREATMENTS**

Enhance your experience and add to your treatments

HYDRATING FACIAL MASK (for massages or body treatments)	\$32 USD
COLLAGEN EYE PADS (for facials, massages, or body treatments)	\$32 USD
HOT STONES FOR BACK MASSAGE (only in massages)	\$32 USD
ALOE & NONI BALM FOR BURNED SKIN (for any treatment)	\$32 USD
ANTI-STRESS BACK BALM (for massages)	\$32 USD
DETOX HAIR CAP (for massages, facials, body treatments)	\$32 USD
BEAUTY BOOSTER VIALS (massages, body treatments, rituals)	\$32 USD
COLLAGEN BOOTIES (for all treatments)	\$32 USD
TIRED LEGS TONIC (for all treatments)	\$32 USD
CDB BODY OIL (for massages & rituals)	\$32 USD

BEAUTY SALON

THE BELOVED MANICURE 50 min

Pamper your hands with this rejuvenating treatment. Enjoy a calming green tea hand soak, followed by a detailed manicure, and unwind with a soothing hot stone reflexology massage. It's the perfect combination for ultimate relaxation and care.

\$ 80 USD

ENERGIZING SPA PEDICURE 50 min

Refresh your feet with a soothing green tea bath and exfoliating scrub, followed by a precise pedicure. Indulge in a hydrating foot massage with shea butter balm, and enjoy a refreshing peppermint mask that leaves your feet feeling light and rejuvenated.

\$ 80 USD

REMOVE GEL POLISH

\$ 30 USD

GEL APPLICATION

(During Manicure or Pedicure)

\$ 32 USD

SALON FOR HIM

REFLEXO PEDICURE

Scrub, pedicure, reflexology, peppermint mask

\$ 80 USD

MEN'S HAND GROOMING

Scrub, manicure, nail buffing, hand massage

\$ 60 USD

**TO BEST INDULGE IN THE BELOVED SPA,
PLEASE TAKE A MOMENT TO READ THIS...**

Etiquette: To ensure all guest can enjoy the peaceful sanctuary at Beloved Spa, we respectfully request all visitors keep noise to a minimum. Cellular phones and electronic devices are discouraged.

Reservations: To secure your preferred date and time of treatment we recommend scheduling your complementary hydrotherapy and treatment session during the first 48 hours upon arrival.

Check in for spa treatment: Please check in at the spa at least 15 minutes before your appointment, to avoid reduced treatment times.

Check in for hydrotherapy: Check in 10 minutes after your appointment, will cause the cancellation of your session, which we can gladly reschedule according to availability.

Dress code: To enjoy Agua viva session bathing suit is mandatory. For body treatments, facials and massages bathrobes are provided. The use of underwear is optional.

Spa treatment hours: The Beloved Spa reservation hours are from 9 a.m. to 6 p.m. Spa treatments are from 10 a.m. to 6 p.m. Agua viva session is from 10 a.m. to 5 p.m.

Special consideration: Guest who have high blood pressure, heart conditions, are pregnant or have another medical condition are advised to consult their doctor before signing up for any spa services. Kindly inform your spa therapist of any existing medical conditions. We recommend eating and drinking in moderation and avoid alcoholic beverages prior to your spa service. *Rights of admission reserved*

Valuables: Please leave all valuables in your room's safety deposit box. The Management and staff accept no responsibility for the loss of money or valuables of any kind brought into the spa premises.

Cancellation policy: A 24 - hour cancellation notice is required to help us to reschedule your appointment, subject to space availability. Any cancellation with less than 12 hours' notice, or "now-show" will incur a 50% cancellation fee from the regular pricelist.

Smoking and alcohol: Smoking and consumption of alcohol within the spa are prohibited.

Payment: All prices are quoted in USD and are subject to change without prior notice. Only charge to your credit card as a method of payment.

Gift Certificates: Gift Certificates for our spa treatments are available. For more details, please contact our wellness concierge.

Disclaimer: The spa treatments, services and/or facilities received or utilized at The Beloved Spa are intended for general purposes only and are not intended to be a substitute for professional medical treatment for any condition, medical or otherwise, that guest may have. Guest will fully indemnify and hold harmless Beloved Playa Mujeres its holding company(ies), affiliates, subsidiaries, representatives, agents, staff, and suppliers from and against all liabilities, claims, expenses, damages, and losses, including legal fees (on an indemnity basis), arising out of or in connection with the spa treatments, services and/or facilities.

Recommendations:

1. Any misbehavior, disrespect, or insinuation of a sexual nature towards our staff will cause the immediate termination of the treatment and it will be charged in full.
2. If you feel uncomfortable with your therapist during the treatment, please stop immediately and let our reception know.

FREQUENTLY ASKED QUESTIONS

WHO WILL HELP ME DECIDE HOW TO CHOOSE MY TREATMENTS?

One of our spa professionals will help you plan the perfect spa experience, including the best sequence for your treatments.

WHAT IF I HAVE SPECIAL HEALTH CONDITIONS?

Please notify a spa professional before scheduling your appointments. If necessary you can request a mini check-up with the doctor.

MAY I REQUEST A MALE OR FEMALE THERAPIST?

Yes, of course, although we cannot guarantee the availability of a particular therapist or gender. All of our therapists are trained to drape towels discreetly to respect and protect your privacy at all times.

WHAT DO I WEAR DURING MY TREATMENT?

Wear what is comfortable for you. Our staff may provide you with undergarments for the body treatments.

WHAT ABOUT MY JEWELRY AND VALUABLES?

Please leave all valuables in your room's safety deposit box or the lockers in the changing rooms. The Beloved Spa is not responsible for lost or forgotten valuables.

WHAT IF I'M LATE FOR MY APPOINTMENT?

Arriving late may limit the time for your treatment. Depending on the length of your service a late arrival may be classified as a 'no-show.'

HOW EARLY DO I NEED TO CHECK IN FOR MY SCHEDULED APPOINTMENT?

Early is always better. At the Beauty Parlor, we recommend check-in 5 minutes prior to your service. For The Beloved spa treatments, you need to check-in 15 minutes before, at the reception. This will allow you enough time to check-in, get your locker assignment, change comfortably into your robe, and relax for 5 minutes before your spa treatment begins. Arrive 45 min prior to your treatment if you have booked your included hydrotherapy circuit, with whirlpool, cold plunge, sauna, steam and more.

WHAT PRECAUTIONS DO I NEED TO KNOW?

We recommend eating and drinking in moderation and avoid alcoholic beverages prior to your spa service, exercise classes, whirlpools, and heat treatments. Do not shave your legs prior to a body scrub treatment. A severe sunburn may prevent you from enjoying a spa treatment. Be conscious and use good sun protection.

WHAT ABOUT GRATUITIES?

Gratuities are not included with The Beloved spa treatments, they may be paid by credit card or in cash.

WHAT ABOUT PAYMENT FOR SPA SERVICES?

The Beloved spa treatments may be paid with credit card.

WHAT IS YOUR CANCELLATION POLICY?

Cancellations must be made at least 24 hours prior to your scheduled appointment or 50% price list value of the spa service will be applied.

WHAT IF I FORGET TO SHOW UP FOR MY APPOINTMENT?

Please don't forget!!! No Shows will be charged 50% price list value.

**The Beloved Spa**

Open every day from 9:00 a.m. to 6:00 p.m.
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