

*The
Beloved
Spa*



THE BELOVED SPA TREATMENT MENU

Love surrounds you making the world feel light years away.

The Beloved Spa, a sanctuary dedicated to healing mind, body, and spirit. We believe that love is the most magnetic power in the universe, in combination with the elements of fire, water, earth and wind we have created unique journeys to transform the BEING and connect with this universal vibration. The herbs, plants, essential oils, skilled healing hands and knowledge of ancient wisdom are present to guide self-awareness back to natural order and body to maintain balance.

That is the approach of The Beloved Spa, a love fullness destination that will give you the one happiness in this life: to love and be loved.



COUPLE'S EXPERIENCES

LOVE CELEBRATION FOR TWO 120 min

The most loving ritual in a warm atmosphere full of sensations, aromas and flavors that will make you feel love at its best with the most caring lomi lomi massage, an exfoliation with argan grains, and private steam with rassoul and herbs clay. A romantic salt bath for a grand finale... sparkling wine and sweet delights.

\$ 740 USD per couple

LOVE IN PARADISE RITUAL 100 min

A spa suite, candles, aromas, and petals create the perfect atmosphere. Starting with a mousse bath for two while scalp massage is applied and warm oil infused blend of massage strokes, take you away in a bliss of calm of romance and relaxation, warm pouches to warm body and soul, and Sparkling wine and covered strawberries to say "I love you".

\$ 640 USD per couple

SOOTHING SOULS RITUAL 100 min

There is a special bond between soul mates which manifests it naturally day after day. Unwind and indulge your soul with a soothing oil selection infused massage to heal any trace of fatigue with slow rhythm passes, followed by a sublime nourishing facial for both, that will balance and hydrate your skin with softness leaving your body in soul renewed.

\$ 640 USD per couple

MIMOSA BLISS COUPLES RITUAL 100 min

Take a pause, calm and rest in an orange, mimosa and almond cocoon, a body scrub for a smooth skin, followed by a warm body wrap with essential oils, thermal waters and wild sorbus stem cells for a renewed skin ending with a sublime and relaxing massage.

\$ 640 USD per couple

THE CURE COUPLES RITUAL 100 min

The image in the mirror is a picture of your soul, with this inspiration, and through the richness of vegetal remedies, we have cured a body, face and soul therapy, a mindfulness approach of real inner beauty, starting with a soft organic loofah scrub, infused with spirulina, borage and coconut foams, to drench with goodness your skin, while a pure and organic facial with sweet olive gommage, cotton, curcuma, gotu kola extracts, and a volcano obsidian detox and calming mask, with synchronized auric facial massage.

\$ 640 USD per couple



THE BELOVED ONES MASSAGE 75 min

This experience is a synergy of the best massage techniques such as stretching, pressure points, relaxing and distressing strokes to transport you to a place of rest and wellness, of self-love, choosing your synergy of oils, based on your needs, sedative, invigorating or balancing.

\$ 500 USD per couple

STONE REMEDY COUPLES MASSAGE 75 min

An ant fatigue blend of our invigorating oil infusion with bergamot, orange, lemon, tangerine, almond and jojoba, combining deep tissue massage techniques in combination with the sedative and therapeutic effects of hot stones, a complete therapy for body and mind.

\$ 500 USD per couple

DIVINESSENCE COUPLES MASSAGE 75 min

An experience to release muscles, free your mind and grow inner consciousness, a journey through divine aromatherapy of myrrh and frankincense to soothe skin, clean mind, and rosemary, basil, and chamomile warm pinda-poultice to reduce inflammation, to heal pain in muscles and joints, to bring warmth to your soul, while your expert masseuse reads your body and heals tension where is needed utilizing all their wisdom.

\$ 500 USD per couple

BIOFILLER COUPLES FACIAL 75 min

This amazing facial therapy works with ultra-low molecular hyaluronic acid and Ionized Minerals that facilitate transportation of active ingredients and helps to restore the skin structure and boost cells regeneration, increase hydration and detoxifying ability, enhance skin immunity, fills expression lines, as well as normalize the mineral balance within the skin and accelerate renovation process.

\$ 500 USD per couple

LUXURY COUPLES PEDICURE 50 min

Enjoy together a complete feet treatment, starting with a mineral salts bath and exfoliation for your feet, petals, foot massage, warm silk paraffin, sweet delights and a glass of champagne will pamper your pedicure.

\$ 180 USD per couple

***Note:** These Spa Experiences include a glass of sparkling wine and chocolate covered strawberries.



MASSAGES

THE BELOVED SIGNATURE MESSAGE

Self-love is the seed of which you are the Beloved massage with healing and synergy techniques, such as body stretching, pressure points, relaxing and blended herbal oils for your deeper purpose, warm herbal pouches to take your mind to your quiet place coming out totally renewed.

75 min \$ 250 USD per person
50 min \$ 190 USD per person

DIVINESSENCE MESSAGE 75 min

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\$ 250 USD per person

DEEP TISSUE MESSAGE

This deep massage will relieve you of any muscle tension or tightness using a blend of bergamot, mandarin and orange oils known for their healing and soothing effects with the warmth of an herbal pillow in the back and our distressing balm, your therapist will target your areas of specific concern leaving you free of any aches.

75 min \$ 240 USD per person
50 min \$ 180 USD per person

STONE REMEDY MASSAGE 75 min

An ant fatigue blend of our invigorating oil infusion with bergamot, orange, lemon, tangerine, almond and jojoba, combining deep tissue massage techniques in combination with the sedative and therapeutic effects of hot stones, a complete therapy for body and mind.

\$250 USD per person

SACRED EARTH MASSAGE 75 min

A grounding profound massage, to connect you with the wisdom of earth, cleaning your body and mind of tensions, through the goodness of blend warm oil; with lavender, frankincense, sandal, juniper and myrrh, recharging gem quartzes and hot stones, combined with flowing and sedative massage passes to recreate your space within.

\$ 240 USD per person

SWEDISH RELAXING MASSAGE

Drift away on the bliss of this relaxing light to medium pressure body massage. Lavender, bergamot, geranium and petitgrain, with a comforting therapist hand will sweep away the stresses of everyday life with flowing, slow rhythm movements to create a feeling of calm.

75 min \$ 240 USD per person
50 min \$ 180 USD per person

FUTURE MOTHER MASSAGE 75 min

The upmost special care and attention is given to a future mother's comfort by using special pillows to create the perfect environment during her massage. Lavender, geranium and bergamot oils will nourish her skin, improve circulation and diminish back and hip pain.

\$ 240 USD per person

REFLEXO MASSAGE 50 min

A holistic healing technique applying pressure and massage to feet, hands, and scalp. It works on the major organs of the body, which are mapped out on the feet, helping to alleviate a back pain, headaches, and digestive problems, feel totally relieved and revitalized.

\$ 180 USD per person

ALOE AND NONI SKIN COOLER 50 min

From ancient time, herbs have been used to heal our body. With this cooling, refreshing treatment soothe and rehydrate over-exposed skin, enjoy the healing properties of organic noni and aloe, for hydrating and regenerating effects. Your body will be wrapped, and you will experience a mini facial that will calm and hydrate your skin.

\$ 180 USD per person

RITUALS

MAYAN RITUAL 100 min

Rescued from ancient rituals and Mayan medicine, created to awaken intuition and self-healing, starting with black mud, juniper and rosemary body poultice to detox, reduce chronic muscle tension and cure pain, while scalp massage and sound vibrations quiet your thoughts, followed by a juniper, cedar, myrrh, frankincense and lavender infused massage, awakening consciousness, connecting earth and sky, body and mind.

\$ 320 USD per person

THERAPEUTIC DESTRESS RITUAL 100 min

Just perfect for a tired and tense body, initiating with a circulatory balm for your back, pressure points with warm pillows, full body muscular and scalp massage, peppermint refreshing mask for your feet and moisturizing serum for a distressing facial massage.

\$ 320 USD per person

THE CURE RITUAL 100 min

The image in the mirror is a picture of your soul, with this inspiration, and through the richness of vegetal remedies, we have cured a body, face and soul therapy, a mindfulness approach of real inner beauty, starting with a soft organic loofah scrub, infused with spirulina, borage and coconut foams, to drench with goodness your skin, while a pure and organic facial with sweet olive gommage, cotton, curcuma, gotu kola extracts, and a volcano obsidian detox and calming mask, with synchronized auric facial massage.

\$ 320 USD per person

TOUCH OF HEAVEN RITUAL 100 min

A heavenly relaxing combination starting with deep tissue back massage and lomi lomi combined with followed by a reflexology hands and foot massage, a liberating neck, shoulders, and scalp therapy and an amazing Phyto CBD facial with soothing, equilibrating, anti-fatigue effects that will take body, mind, skin and soul to heaven in earth.

\$ 320 USD per person



FACIALS

BIOfiller FACIAL 75 min

This amazing facial therapy works with ultra-low molecular hyaluronic acid and Ionized Minerals that facilitate transportation of active ingredients and helps to restore the skin structure and boost cells regeneration, increase hydration and detoxifying ability, enhance skin immunity, fills expression lines, as well as normalize the mineral balance within the skin and accelerate renovation process.

\$ 250 USD per person

BEAUTIFULNESS FACIAL 75 min

Pure, organic, and loving, stimulating emotions, aroma, sound and touch, soft olive cleanser, sweet grains gommage, cotton, curcuma, gotu kola extracts, with its protective and regenerating powers, volcano obsidian detox and calming mask, with synchronized auric facial massage.

\$ 250 USD per person

VITA C FACIAL 75 min

Do something good for your skin give it a boost of energy with 100% pure Vitamin C. This antioxidant treatment relieves sun-damaged skin and helps fight the signs of premature aging. A reparative serum, containing a high concentration of Vitamin C, is formulated to improve appearance and stimulate collagen production to renew skin's firmness.

\$ 250 USD per person

PURITY CLEANSING FACIAL 75 min

Your skin will be purified, and deeply cleaned from using botanical calming products; a scalp massage will be given to further enhance the deep relaxation and feeling of all over freshness.

\$ 250 USD per person

HYDRA CURE FACIAL 50 min

A gift of hydration, starting in a soft Lilac and Melissa cleanser and rose water, peach bone grains scrub for new softness and a hydra plus extract for a glowing, nourished, and hydrated skin.

\$ 180 USD per person

SPORT FACIAL FOR MEN 50 min

This facial is specifically designed for men to achieve a more revitalized, younger look, hydrating, and soothing the shaved and irritated skin. A Hy-oil balancing cleanser, enzyme vitamin C exfoliates for a smooth skin, and a charge of hyaluronic acid for a perfect hydration.

\$ 180 USD per person

SOOTHING CHAMOMILE FACIAL 50 min

Cleanse and repair, with calming botanical actives like cane extract, sunflower, chamomile, lucuma & blue herb extracts that will deeply recover any irritation on your skin, ideal for sensitive skin, sunburns, allergies, rosacea, it will soothe and freshen your face.

\$ 180 USD per person



Enhance your **TREATMENTS**

HYDRATING FACIAL MASK (for massages or body treatments)	\$32 USD
HYDRATING AND VITAMINC BOOSTERS (for massages)	\$32 USD
COLLAGEN EYE PADS (for facials, massages, or body treatments)	\$32 USD
HOT STONES FOR BACK MASSAGE (only in massages)	\$32 USD
ALOE FOR BURNED SKIN (for any treatment)	\$32 USD
ANTI-STRESS BACK BALM (for massages)	\$32 USD
DETOX HAIR MASK (for massages, facials, body treatments)	\$32 USD

BEAUTY SALON

THE BELOVED MANICURE 50 min

A total treat for your hands, a green tea hand bath, manicure, reflexology hot stone hand massage for your total delight.

\$ 80 USD

SPA MANICURE 50 min

Provide a wake-up call to hands with our Spa Manicure with green tea bath and scrub, with karite moisturizing balm massage and paraffin mask.

\$ 80 USD

THE BELOVED PEDICURE 75 min

Start with a clarity feet bath, peppermint exfoliation to smooth your skin and reflexology massage for your feet will be incorporated to your pedicure, ending a deep scalp massage to relax your mind.

\$ 110 USD

SPA PEDICURE 50 min

Refreshing ingredients as green tea bath and scrub for your feet, pedicure, foot massage with karite hydrating balm and a peppermint mask for a lighter sensations.

\$ 80 USD

REMOVE GEL POLISH

\$ 30 USD

GEL APPLICATION

(During Manicure or Pedicure)

\$ 32 USD

MAKE-UP

Look your best for that special day let our professionals work on a beautiful makeup according to your preferences.

\$ 120 USD

AIRBRUSH MAKE-UP

\$ 140 USD

ORGANIC RENEWAL HAIR RITUAL 50 min

Customized for your scalp and hair needs, with organic and vegan essential oils, this is an amazing treat, starting with a detoxifying lotion to oxygenate and purify, followed by an infusion of avocado and grape seed oils followed by prescribed essential oils blends for hydration, volume, energize or nourish combined with Champi ancient head massage to end with a fennel shampoo and an arnica, chamomile mask. HAIRSTYLE Hairstyles vary according to the style you choose and the length of your hair. Hairstyling doesn't include shampoo.

\$ 110 USD

HAIR CUT

\$ 100 USD

HAIR STRAIGHTENING

Come with your hair already dry, and we will perfectly straighten your hair, with anti-frizz products.

\$ 85 USD

HAIRSTYLE

Hairstyles vary according to the style you choose and the length of your hair. Hairstyling doesn't include shampoo or remove extensions.

\$ 130 USD

SHAMPOO AND BLOWDRY

\$ 95 USD

HAIR EXTENSION APPLICATION

(price based on length and quantity)

\$ 30 USD

WAXING

(price based on specific area)

ARM

\$ 30 USD

BACK OR CHEST

\$ 50 USD

BIKINI

\$ 55 USD

HALF LEG

\$ 50 USD

LEG

\$ 75 USD

LIP, EYEBROW OR CHIN

\$ 30 USD

SALON FOR HIM

MEN'S HAIRCUT 25 min

\$ 60 USD

DELUXE MEN HAIRCUT 50 min

Includes specialized products for men's hair, with vitamins and natural oils, scalp and neck massage and hair blow-dry

\$ 85 USD

EXECUTIVE SHAVE 50 min

Includes specialized products for men's beard, with natural oils, vitamins, hydrating actives, reddens for beard growth, facial scrub, hydrating facial mist and calming balm.

*This treatment is done with a special trimmer, no pure blades are used, this is for your safety.

\$ 85 USD

MUSTACHE AND BEARD OUTLINE

Includes outline trimming and beard oil

\$ 32 USD

NECK, NOSE AND SIDEBURN TRIM

Includes outline trimming and calming balm

\$ 32 USD

REFLEXO PEDICURE

Scrub, pedicure, reflexology, peppermint mask

\$ 80 USD

MEN'S HAND GROOMING

Scrub, manicure, nail buffing, hand massage

\$ 60 USD

BACK WAXING

\$ 50 USD

AGUA VIVA

All ancient cultures knew the importance of water as an element of life... of healing. This healing journey has given a new sense to the words Agua Viva: the place where life begins and within each breath there is dance between water and wind.

Every heartbeat connects the spirit with the body. During this guided circuit you will connect with yourself by awakening your senses directly with the water in aqua exercises, massages with jets and cascades, which contrast with the iced pool and make the perfect balance to the hammam.

Renew and embrace the heat of the dry saunas, refreshing ice room, biothermal and sensations showers surrounded by the most healing herbs and plants to clean and purify your body, reminding your body to vibrate as nature does.

HYDROTHERAPY SESSIONS	PER PERSON
Personalized Agua Viva Hydrotherapy Session	\$130 USD
Agua Viva Hydrotherapy Session	\$85 USD



TO BEST INDULGE IN THE BELOVED SPA, PLEASE TAKE A MOMENT TO READ THIS...

Etiquette: To ensure all guest can enjoy the peaceful sanctuary at Beloved Spa, we respectfully request all visitors keep noise to a minimum. Cellular phones and electronic devices are discouraged.

Reservations: To secure your preferred date and time of treatment we recommend scheduling your complementary hydrotherapy and treatment session during the first 48 hours upon arrival.

Check in for spa treatment: Please check in at the spa at least 15 minutes before your appointment, to avoid reduced treatment times.

Check in for hydrotherapy: Check in 10 minutes after your appointment, will cause the cancellation of your session, which we can gladly reschedule according to availability.

Dress code: To enjoy Agua viva session bathing suit is mandatory. For body treatments, facials and massages bathrobes are provided. The use of underwear is optional.

Spa treatment hours: The Beloved Spa reservation hours are from 8 a.m. to 7 p.m. Spa treatments are from 9 a.m. to 7 p.m. Agua viva session is from 9 a.m. to 5 p.m.

Special consideration: Guest who have high blood pressure, heart conditions, are pregnant or have another medical condition are advised to consult their doctor before signing up for any spa services. Kindly inform your spa therapist of any existing medical conditions. We recommend eating and drinking in moderation and avoid alcoholic beverages prior to your spa service. *Rights of admission reserved*

Valuables: Please leave all valuables in your room's safety deposit box. The Management and staff accept no responsibility for the loss of money or valuables of any kind brought into the spa premises.

Cancellation policy: A 24 - hour cancellation notice is required to help us to reschedule your appointment, subject to space availability. Any cancellation with less than 12 hours' notice, or "now-show" will incur a 50% cancellation fee from the regular pricelist.

Smoking and alcohol: Smoking and consumption of alcohol within the spa are prohibited.

Payment: All prices are quotes in USD and are subject to change without prior notice. Charge to the room is suggested; otherwise, we accept all major credit cards.

Gift Certificates: Gift Certificates for our spa treatments are available. For more details, please contact our wellness concierge.

Disclaimer: The spa treatments, services and/or facilities received or utilized at The Beloved Spa are intended for general purposes only and are not intended to be a substitute for professional medical treatment for any condition, medical or otherwise, that guest may have. Guest will fully indemnify and hold harmless Beloved Playa Mujeres its holding company(ies), affiliates, subsidiaries, representatives, agents, staff, and suppliers from and against all liabilities, claims, expenses, damages, and losses, including legal fees (on an indemnity basis), arising out of or in connection with the spa treatments, services and/or facilities.

Recommendations:

1. Any misbehavior, disrespect, or insinuation of a sexual nature towards our staff will cause the immediate termination of the treatment and it will be charged in full.
2. If you feel uncomfortable with your therapist during the treatment, please stop immediately and let our reception know.

FREQUENTLY ASKED QUESTIONS

WHO WILL HELP ME DECIDE HOW TO CHOOSE MY TREATMENTS?

One of our wellness concierges will help you plan the perfect spa experience, including the best sequence for your treatments.

WHAT IF I HAVE SPECIAL HEALTH CONDITIONS?

Please notify a spa professional before scheduling your appointments. If necessary, you can request a mini check-up with the doctor.

MAY I REQUEST A MALE OR FEMALE THERAPIST?

Yes, of course, although we cannot guarantee the availability of a particular therapist. All our therapists are trained to drape towels discreetly to always respect and protect your privacy.

WHAT DO I WEAR DURING MY TREATMENT?

If you have an Agua viva session do not forget to bring your bathing suit. For facials wear what is comfortable for you. Our staff provides you with undergarments for the body treatments.

WHAT IF I'M LATE FOR MY APPOINTMENT?

Arriving late may limit the time for your treatment. Depending on the length of your service a late arrival may be classified as a 'no-show.'

HOW EARLY DO I NEED TO CHECK IN FOR MY SCHEDULED APPOINTMENT?

Early is always better. At the Beauty Parlor, we recommend check-in 5 minutes prior to your service. For Spa treatments, you need to check-in 10 minutes before, at the reception. This will allow you enough time to check-in, get your locker assignment, change comfortably into your robe, and relax for 5 minutes before your spa treatment begins. If you are interested in doing you include Aqua Viva before your treatment, please, booking in advance with our spa concierge.

WHAT PRECAUTIONS DO I NEED TO KNOW?

We recommend eating and drinking in moderation and avoid alcoholic beverages prior to your spa service, exercise classes, whirlpools, and heat treatments. Do not shave your legs prior to a body scrub treatment. Severe sunburn may prevent you from enjoying a spa treatment. Be conscious and use good sun protection.

WHAT ABOUT GRATUITIES?

Gratuities are not included with spa treatments, they may be charged to the room, or in cash.

**The Beloved Spa**

Open every day from 9:00 a.m. to 7:00 p.m.
Reservations at Ext. 4411 • +52 (998) 872 8730
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