



APPETIZERS

- 🍏🌱🍷 **CARPACCIO DI POLPO**
Thinly sliced octopus, capers, cherry tomatoes, kalamata olives, Cipriani sauce
- 🌿 **CALAMARI ALLA ROMANA**
Spicy marinara sauce, grilled lemon
- 🍷 **EGGPLANT PARMIGIANA**
Layered with tomato sauce, parmesan and mozzarella cheese

SOUP & SALAD

- 🍏🌿 **ZUPPA AL POMODORO**
Tomato and basil soup with Ciabatta croutons
- 🍏🌱🍷 **INSALATA CAPRESE**
Tomato, fresh mozzarella, nut and basil pesto, balsamic reduction
- 🍏🌱🍷 **INSALATA DI RUCOLA**
Arugula , tomato, grana padano, lemon dressing

PASTA

🍽️ CHOOSE FROM

spaghetti | penne | fettuccine | fusilli.

Your sauce:

pomodoro | alfredo | bolognese | pesto.

Your protein:

grilled chicken | shrimp | Italian sausage | mushroom.

🍽️🥄 TORTELLINI ALLA SORRENTINA

Beef tortellini, tomato sauce, mozzarella cheese

🍽️🥄 LASAGNA ALLA BOLOGNESE

Slow simmered meat sauce and bechamel layered with parmesan cheese

🍽️ SPAGHETTI QUATTRO FORMAGGI

Parmesan, blue cheese, provolone and mozzarella sauce

🍽️ RIGATONI ALLA VODKA

Cream and tomato sauce, vodka

🍽️ FETTUCCINE ALLE VONGOLE

Fettuccine with clams in a white wine, garlic, olive oil and parsley sauce

SANDWICH

🍽️🥄 PANUOZZO SANDWICH

Freshly baked loaf, roasted turkey breast with rosemary, mozzarella, Arugula, sundried tomato dressing
French fries

🍽️🥄 FOCACCIA CAPRESE

Tomato, mozzarella, nut and basil pesto
French fries

MAIN COURSE

PICCATA DI POLLO

Chicken piccata with lemon and thyme sauce
Spaghetti with tomato sauce



SALMONE ALLA MEDITERRANEA

Seared salmon fillet with garlic caper sauce
Mashed potatoes



BISTECCA ALLA GRIGLIA

Grilled flank steak
Rosemary potatoes, grilled tomato

PIZZA



MARGHERITA

Tomato sauce, mozzarella, basil



PEPPERONI

Tomato sauce, mozzarella cheese, pepperoni



QUATTRO FORMAGGI

Tomato sauce, parmesan, blue cheese, provolone
and mozzarella sauce



MEAT LOVER

Tomato sauce, pepperoni, ham, sausage bits,
mozzarella cheese



HAWAIANA

Tomato sauce, smoked ham, pineapple, mozzarella cheese



NO RULES PIZZA

Build your own pizza.

Choose your toppings:

ham | salami | pepperoni | bacon | chicken | shrimp | pineapple
| onions | bell peppers | mushrooms | olives | jalapeños | tomatoes

DESSERT

  TIRAMISU

  ITALIAN LIME TART

Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have a medical condition.

-  Healthy dishes which help in maintaining balanced diet
-  Gluten free dishes
-  Contains dairy and/or eggs
-  Food Plant-Based option
-  Crafted through artisan ways
-  Spicy dishes
-  Sustainable fishery

WHOLE FOOD PLANT-BASED MENU

APPETIZERS



ZUPPA AL POMODORO

Tomato and basil soup with Ciabatta croutons



PANZANELLA

Plant based bread and tomato salad, sliced onions, basil and olive oil vinaigrette

PASTA



PENNE ALLA NORMA

Pasta with spicy eggplant and tomato ragù, finished with plant based cheese

SANDWICH



PANUOZZO SANDWICH

Plant based cheese, grilled zucchini, arugula, sundried tomato dressing
French fries

MAIN COURSE



BISTECCA ALLA GRIGLIA

Grilled soy based steak
Rosemary potatoes, grilled tomato

PIZZA



VEGAN CAPRICCIOSA

House pizza sauce, olives, spinach,
tomato, plant based cheese

DESSERT



CANNOLI AL PISTACCHIO E CIOCCOLATO

pistachio and chocolate cannoli

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- 🥛 Contains dairy and/or eggs
- 🌱 Food Plant-Based option
- 👨‍🍳 Crafted through artisan ways
- 🌶️ Spicy dishes



Beloved
Playa Mujeres, Mexico