

# El Mar

## Cold Appetizers

### 🌿 TUNA CARPACCIO

Ponzu sauce, orange, grapefruit, arugula,  
olive oil & San Felipe salt

### VIETNAMESE ROLL

Rice paper, chicken marinated in ponzu sauce,  
jicama & peanut dressing

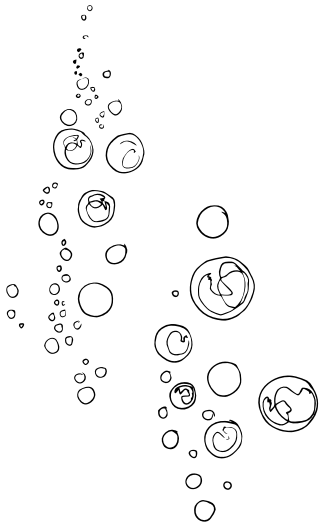
## Hot Appetizers

### 🌿 TEMPURA SHELL

Tuna tartare in ponzu, tempura, crispy tortilla,  
coleslaw with chipotle dressing

### CRAB CAKE

Stone Crab in tempura, roasted heart of palm,  
confit pork belly, feta cheese, smoked oil,  
pickled ginger dressing



## Salads

### **CORAL SALAD**

Arugula, cherry tomatoes, shrimp, scallions,  
carrots, lemon vinaigrette

### **PORTOBELLO SALAD**

Garlic confit, confit cherry tomatoes, mixed lettuce,  
breaded clam, olive oil, San Felipe salt and pepper

## Pasta

### **FETTUCINE WITH SHRIMP**

Grilled shrimp in cheese sauce with chopped parsley

## Soups

### **CLAM CHOWDER**

Wine, brunoise potatoes, bacon, scallions,  
parsley & cherry tomatoes

### **SHRIMP SOUP**

Small shrimp, epazote,  
cherry tomatoes & scallions

# Main Courses

## **CRISPY SHRIMP**

Coconut shrimp, pineapple sauce with carrots, scallions and sprouts

## **GRILLED SALMON**

Pepper sauce, served with potatoes, asparagus & radish

## **CHAR-GRILLED OCTOPUS**

In Talla sauce with aioli, arugula, smoked salt, parsley & scallions

## **TUNA MIGNON**

Mashed potatoes, vegetables, asparagus with ponzu sauce

## **JUMBO SHRIMP**

Boiled, grilled, or sautéed

Sauce: Garlic, Thermidor, Butter

Served with mashed potatoes or vegetables

# Desserts


## **MANCHEGO CHEESE AND BLUEBERRY TART**

## **DECONSTRUCTED CARROT CAKE**

---

Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have a medical condition

 Gluten free dishes

 Healthy dishes which help in maintaining balanced diet

 Whole Food Plant-Based option

# Whole Food Plant-Based Menu

## Starters

### 🍏 🌿 KEBBE BATATA

Potato, parsley, mint, olive oil

### 🍏 🌿 VIETNAMESE ROLL

Carrot, jicama, cucumber, rice noodles

### 🍏 🌿 BEET TARTAR

Avocado, wakame, lemongrass, beet sprouts, broccoli powder, mixed greens

## Soups

### 🍏 🌿 MUSHROOM CREAM

Chickpea purée, celery leaves

## Main Courses

### 🍏 🌿 ROASTED EGGPLANT AND MEJADRA

Rice, green lentils, plantain

### 🍏 🌿 WRAP GREEN

Green hummus, cashew-tomato, pesto, cabbage, avocado, spinach wrap, cucumber

## Dessert

### CHEESECAKE

Creamy cashews, vegan yogurt & maple syrup



*Beloved*  
Playa Mujeres, Mexico

